

10 answers you Need before Considering Ibogaine

1. How much does Ibogaine treatment cost?

The cost of treatment will vary between centers. They can cost anywhere between 3,000 to 10,000 USD, sometimes more, depending on the location and the type of program you are looking for, as well as taking into account accommodations, medical staff, private room and board, length of stay, and all medication costs, including the Ibogaine.

2. What dose of Ibogaine do you need to take for the treatment to be effective?

Based on hundreds of Ibogaine treatments administered, an [effective dose](#) for Ibogaine has been seen around 15 mf/kg and 20 mg/kg. Some argue that it can be lower, but it is completely dependent on the medical professional and what they see best fit for the client. Just make sure the clinic you decide on adheres to the clinical guidelines set forth by the [Global Ibogaine Therapy Alliance](#) (GITA).

3. How soon can I take Ibogaine after my last dose of heroin, morphine or methadone?

Ibogaine is generally administered during the time you would take your next dose of narcotics. For example, eight hours after your last dose of heroin, morphine or Demerol and 24 hours after your last dose of methadone. [The Ibogaine Dossier](#)

4. In which countries is Ibogaine legal and illegal?

LEGAL OR PROHIBITED: Canada, Mexico, Brazil, Costa Rica, Gabon, Guatemala, Netherlands, New Zealand, South Africa, Australia, and New Zealand.

ILLEGAL: United States, Denmark, Belgium, France, Hungary, Ireland, Italy, Norway, Switzerland, Sweden, and the United Kingdom. Hopefully with more clinical trials in the future, this list won't exist!

5. When will the USA make it legal?

Since 1970, Ibogaine has been a schedule 1 drug in the USA, and it's illegal to possess or distribute it. Thus, you won't find any legal treatment centers in the states at this time. This is due to lack of funding for policy change, or research necessary for the FDA's approval. However, albeit slow, there may be some movement with some states trying to pass bills allowing Ibogaine administration for the treatment of addiction. For example, check out what [Vermont](#) is doing!

6. How old do you have to be to take Ibogaine? Is there a minimum age requirement, or limit?

There isn't a specific age range listed in the Ibogaine [guidelines](#), but there is a mention of age in their criteria:

- Age 60+
 - Recommended to obtain a stress ECG test.
- Family history of certain psychiatric conditions, which may have a risk of expressing, primarily in patients under 30 years of age
 - Bipolar disorder
 - Schizophrenia
 - Depersonalization and/or Derealization disorder
 - Cerebellar dysfunction
 - Epilepsy
 - Psychosis
 - Organic brain disease
 - Dementia

7. Can I take Ibogaine if I have a Chronic Infectious Disease, such as Hepatitis B, C, HIV or Tuberculosis?

Chronic Infectious Diseases are listed as risk factors under the [Patient Criteria and Considerations](#) in the GITA Guidelines. With that said, there are [reports](#) of non-symptomatic HIV-positive patients receiving treatment without any issue. There is

a clear need for more research to be conducted on patients with Chronic Infectious Diseases taking Ibogaine. Make sure to discuss the risks and benefits with the medical provider at the center, before moving forward with Ibogaine.

8. Can I take Ibogaine if I am pregnant?

No. According to the Patient Criteria and Considerations set forth by the [Global Ibogaine Therapy Alliance](#), someone who is pregnant should be absolutely excluded from treatment. [Here](#) is a full list of the absolute exclusions listed by GITA. It is vital that you are honest and transparent with your medical provider regarding your medical history.

9. Can I self-administer Ibogaine?

According to [Dr. Kenneth Alper's](#) longitudinal [study](#) on Ibogaine, self-administration is one of the characteristics of Ibogaine related fatalities. It is imperative that a medical professional administers the drug to you, in a proper clinical setting, ensuring both your safety and success.

10. Should I take the Iboga Bark or Ibogaine HCL?

Iboga bark has been used by the [Bwiti](#) faith for over a century, however it is Ibogaine HCL (Hydrochloride), the chemical compound found in Iboga, that has been most studied for its efficacy, and thus, is more safely administered and controlled. It also has a better chance of completely removing withdrawal symptoms, compared to Iboga. [Psychedelic Times](#) writes a great comparison on the two.